

Weekly Update



#5 Friday 18th October, 2019.

RDUTC Parent/Carer Satisfaction Questionnaire

Please click [HERE](#) to complete our parent/carers questionnaire and let us know your thoughts about RDUTC.

Y10 Thursday Enrichment Thursday 24th October - cancelled

Due to the Blood Brothers Theatre Visit Y10 Enrichment is cancelled next Thursday. Enrichment will resume after half-term. Optional Tuesday Enrichment is unaffected.

Y11 Compulsory Intervention Noticeboard

All Y11 students need to check the Compulsory Intervention Noticeboard regularly. The noticeboard, which is situated at the top of the main staircase, displays up-to-date lists of who needs to be in intervention and when.

KS4 Finishing times w/b 21/10/19

- Monday 4.30pm - Y10 and Y11
- Tuesday 4.30 - Y10 and Y11
- Wednesday 4.30 - Y10 and Y11
- Thursday 5.00pm – Y10 and Y11 (Blood Brothers Theatre Visit)
- Friday 4.00pm Y10 and Y11.

Half Term Holiday

RDUTC closes for half term on Friday 25th October and re-opens on Monday 4th November.

KS4 Theatre Visit

All students in Y10 & Y11 are involved in the visit to Hull New Theatre on Thursday 24th October to see Blood Brothers. The performance is due to finish at 5pm. All students will need to add this visit to the Culture Vulture section of their ERL.

ORSTED Library

Just a reminder that our library is open daily for students for students to loan books. We have an extensive collection of books covering most genres. Students are encouraged to visit Alice (librarian) and her two assistants Oliver Scothern and Rebecca Harman (Y12 students) who are more than happy to help them.

Litter Pickers Required

We are looking for students to help us keep the school clean and tidy over lunch. Students can earn 15 stamps in return for 15 minutes collecting litter and emptying bins. All they need to do is report to the member of staff on duty in Dining Room 1 who will give them a bin bag and issue the stamps.

Free activities in Hull over October Half Term

Click on the image to the left to find out about free creative family activities available in Hull this coming October half term.



**GET CREATIVE
THIS HALF TERM**



ALL RDUTC STUDENTS SHOULD CHECK THEIR RDUTC EMAIL ACCOUNT REGULARLY.



RDUTC ON THE MOVE

Click the image above and find out how easy it is to get 150 minutes of exercise each week. In this video people describe what exercise they find most beneficial and offer tips and tricks for keeping motivated.

The Student Social Team invite you to join in with...

HALLOWEEN

STARTS 21ST OCTOBER

EVENTS INCLUDE:
 DESIGN A VILLAIN CONTEST
 HALLOWEEN QUIZ AT LUNCH
 SCARY FILM WITH POPCORN & TREATS!

SNACKS AVAILABLE AND MANY PRIZES TO BE WON!

KS4 SPORT AND WELLBEING TERMLY TARGET

All Y10 & Y11 students need to have their Autumn Half-Term Health & Wellbeing Target recorded in their ERL by Friday 25th October

HEALTH AND WELLBEING CHALLENGE (KS4 ONLY)

AUTUMN TERM 2019

My Health & Wellbeing Challenge this term is to....

Did I succeed? YES/NO

Comments (if applicable)

Possible challenges:

- Achieve 10000 steps in a day?
- Drink 1.5 litres of water a day?
- Achieve '5-a-day' for fruit & veg
- Go to bed earlier
- Eat less sweets/chocolates
- Drink less fizzy drinks
- Take up a new sport



Healthy Eating Stuffed Peppers

Click on the image to the left to find out how to prepare and cook delicious and nutritious stuffed peppers.

KS4 Weekly Step Challenge

Students who record their weekly step count in their ERLs will receive 15 stamps.

ART EXHIBITIONS OCTOBER 2 - 29 John Balman.

John creates detailed and atmospheric still life paintings and the occasional portrait. Click [HERE](#) to find out more about this exhibition and more cultural and spiritual events at Beverley Minster.



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