

# Weekly Update

#25 Thursday 14th May, 2020.

## Wellbeing & Culture Special #7

Welcome to the seventh of our RDUTC Wellbeing and Culture Weekly Update Specials.  
We hope you enjoy it!

### Fun Enrichment Activity

Find them in Microsoft Teams



## BANKSY



*Find out....*

**WHO IS BANKSY?  
WHAT DOES HE DO?**

**WHAT DOES  
MONOCHROME MEAN?**

**WHAT MESSAGE IS  
BANKSY SHARING  
THROUGH HIS WORK?**

A NEW BANKSY ARTWORK HAS APPEARED AT SOUTHAMPTON GENERAL HOSPITAL. THE LARGELY MONOCHROME PAINTING, WHICH IS ONE SQUARE METRE, WAS HUNG IN COLLABORATION WITH THE HOSPITAL'S MANAGERS IN A FOYER NEAR THE EMERGENCY DEPARTMENT. IT SHOWS A YOUNG BOY KNEELING BY A WASTEPAPER BASKET DRESSED IN DUNGAREES AND A T-SHIRT. HE HAS DISCARDED HIS SPIDERMAN AND BATMAN MODEL FIGURES IN FAVOUR OF A NEW FAVOURITE ACTION HERO - AN NHS NURSE. THE NURSE'S ARM IS OUTSTRETCHED AND POINTING FORWARD IN THE FASHION OF SUPERMAN ON A MISSION. SHE IS WEARING A FACEMASK, A NURSE'S CAPE, AND AN APRON WITH THE RED CROSS EMBLEM (THE ONLY ELEMENT OF COLOUR IN THE PICTURE). THE ARTIST LEFT A NOTE FOR HOSPITAL WORKERS, WHICH READ: "THANKS FOR ALL YOU'RE DOING. I HOPE THIS BRIGHTENS THE PLACE UP A BIT, EVEN IF ITS ONLY BLACK AND WHITE."

*Challenge*

### DESIGN YOUR OWN SUPERHERO OF 2020

Who would they be?

What would they do?

What would they wear?

Banksy has used black & white with an element of colour to draw attention to the cross on the nurses uniform. Could you do the same? Would you prefer to use bold colours like that of traditional superheroes?

Work with any materials you have at home and email me your outcomes.



### Daily PE Sessions with fitness trainer Joe Wicks

Click the images below to follow  
Joe's daily fitness workout. Joe is  
back and taking no prisoners. Enjoy!

Monday 11th May



Tuesday 12th May



Wednesday 13th May



Thursday 14th May





# Welcome to The Comfy Chair

An occasional series of short stories written by well-known authors.



## The Magic Shop by H.G. Wells

The Magic Shop was written by HG Wells in 1903 and tells the tale of a father and a son who visit a magic shop. The boy looks at the shop through innocent eyes and looks at everything in wonder and amazement as the magic unfolds. The father sees things differently, as he views the magic as sinister. Relax in a comfy chair and enjoy.

## TOUR OF THE TITANIC



Most of us are familiar with the tragic story of RMS Titanic and her ill-fated maiden voyage. However, what we may be less familiar with is what it looked like inside. Click the image on the left and take a look at Titanic as it would have looked prior to leaving Liverpool. A marvel of both engineering and creativity.

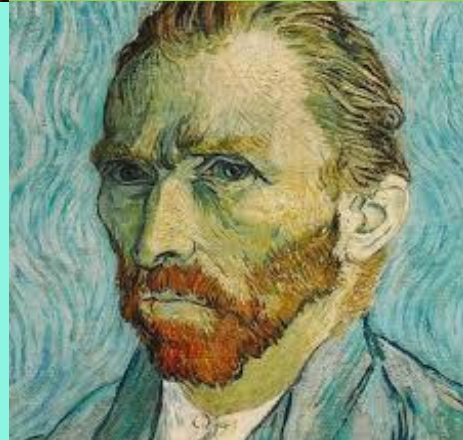


Listen to the London Philharmonic Orchestra play the main them from Super Mario Bros.

QUERKY!

## Van Gogh Museum Tour in 4K

Have you ever wanted to be alone in the Van Gogh Museum? Step into Vincent's world and enjoy the private video tour. Click the image.



## TRAVEL THE WORLD WITHOUT LEAVING HOME – Niagara Falls

Click the image on the right, sit back, relax and enjoy some stunning aerial photography of one of the most beautiful locations in the world.

